

ADVENT RESOURCES

FOR THE DIOCESE OF OSSORY



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SUGGESTION FOR ADVENT DAILY PRAYER

WEEK ONE

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the First Sunday of Advent!

- “To you O Lord I lift up my soul”
- “Lord, make me know your ways. Lord, teach me your paths”
- “God’s ways are faithfulness and love”
- “The Lord-our-integrity”
- “Come Lord Jesus”

WEEK TWO

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the Second Sunday of Advent!

- “Put on the beauty of the glory of God for ever, wrap the cloak of integrity around you.”
- “Prepare a way for the Lord, make straight a path. And all will see the salvation of God.”
- “God will guide us in joy by the light of his glory, with his mercy and integrity for escort.”
- “What marvels the Lord has worked for us! Indeed we are glad.”
- “Come Lord Jesus”

WEEK THREE

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the Third Sunday of Advent!

- “Truly, God is my salvation, I trust, I shall not fear.”
- “May that peace of God, which is so much greater than we can understand, guard our hearts and our thoughts, in Christ Jesus.”
- “The Spirit of the Lord has been given to me; he has sent me to bring the good news to the poor.”
- “Come Lord Jesus”

WEEK FOUR

This week why not start or end your day with one of the following prayer phrases taken from the O Antiphons of 17th-24th December!

- “Wisdom of the Most high, come and teach us the way of truth”
- “Ruler of the House of Israel, come and save us with outstretched arm”
- “Root of Jesse, come to save us, and delay no more”
- “Emmanuel our king and lawgiver, come and save us”
- “Key of David, come to liberate from prison the captive who lives in darkness”
- “King of the people’s and corner-stone of the Church, come and save us”
- “Morning star, sun of justice, come and enlighten those who live in darkness”

THE FIRST WEEK OF ADVENT

BLESSING OF THE ADVENT WREATH

Reader 1:

Lord, today we begin our time of preparation for the birthday of your Son. By sending Him among us. You have assured us that You are with us always.

(Dip a sprig or leaf into holy water and sprinkle over the wreath.)

Reader 2:

We bless this wreath. An endless circle of God's Presence.

An evergreen, ever-flesh outreach to us and all people. A Light to the World. May this wreath always speak to us of the presence of God in our lives. May we open ourselves to God all the days of our lives.

All: Amen

