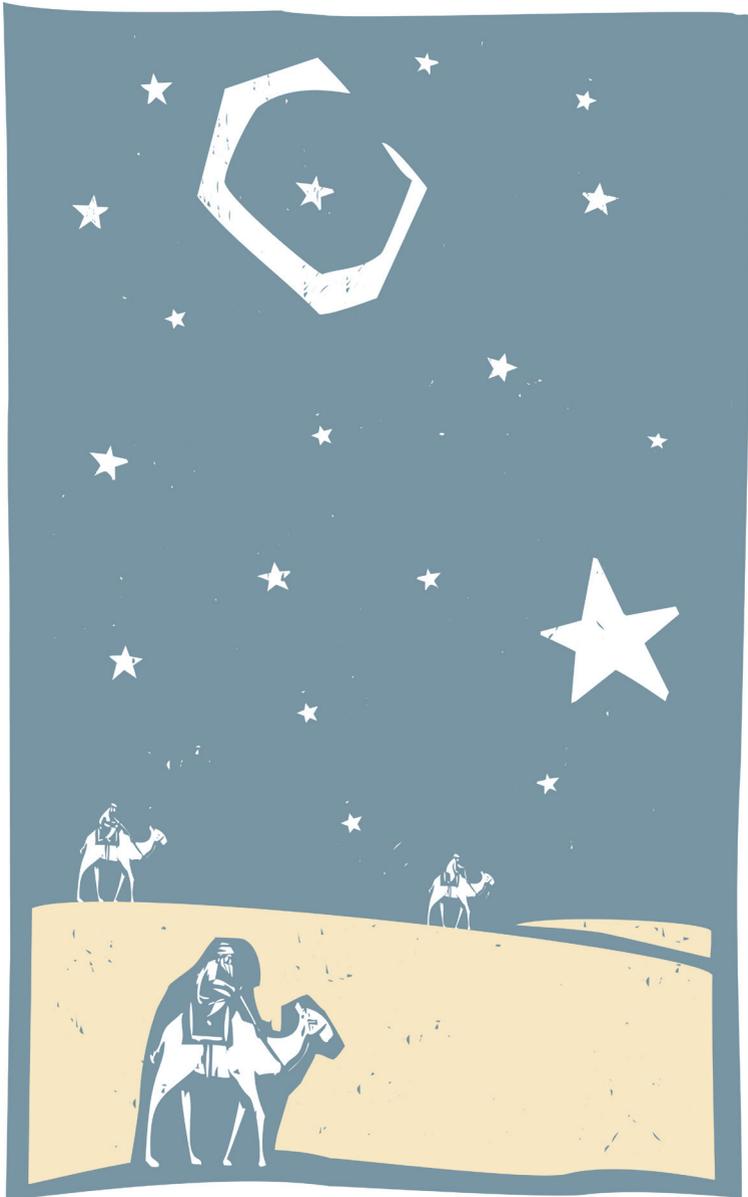


ADVENT RESOURCES

FOR THE DIOCESE OF OSSORY



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SUGGESTION FOR ADVENT DAILY PRAYER

WEEK ONE

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the First Sunday of Advent!

- “To you O Lord I lift up my soul”
- “Lord, make me know your ways. Lord, teach me your paths”
- “God’s ways are faithfulness and love”
- “The Lord-our-integrity”
- “Come Lord Jesus”

WEEK TWO

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the Second Sunday of Advent!

- “Put on the beauty of the glory of God for ever, wrap the cloak of integrity around you.”
- “Prepare a way for the Lord, make straight a path. And all will see the salvation of God.”
- “God will guide us in joy by the light of his glory, with his mercy and integrity for escort.”
- “What marvels the Lord has worked for us! Indeed we are glad.”
- “Come Lord Jesus”

WEEK THREE

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the Third Sunday of Advent!

- “Truly, God is my salvation, I trust, I shall not fear.”
- “May that peace of God, which is so much greater than we can understand, guard our hearts and our thoughts, in Christ Jesus.”
- “The Spirit of the Lord has been given to me; he has sent me to bring the good news to the poor.”
- “Come Lord Jesus”

WEEK FOUR

This week why not start or end your day with one of the following prayer phrases taken from the O Antiphons of 17th-24th December!

- “Wisdom of the Most high, come and teach us the way of truth”
- “Ruler of the House of Israel, come and save us with outstretched arm”
- “Root of Jesse, come to save us, and delay no more”
- “Emmanuel our king and lawgiver, come and save us”
- “Key of David, come to liberate from prison the captive who lives in darkness”
- “King of the people’s and corner-stone of the Church, come and save us”
- “Morning star, sun of justice, come and enlighten those who live in darkness”

THE SECOND WEEK OF ADVENT

Reader 1:

Today we continue our reflection on ways that we can prepare our hearts for the coming of Jesus. Is Christmas just about getting presents? Is it just about decorating our homes and Christmas trees and having relatives around to visit? What exactly are we celebrating?

Reader 2:

We do all these special activities because of the coming of Jesus. Jesus is the greatest gift God could ever have given us. So our presents this year, our decorations, our parties and gatherings, should all remind us that Jesus is among us. Jesus is always with us!

(Light the second purple candle on the Advent Wreath)

Reader 1:

Lord, may the light of this wreath be a sign of hope to us all as we prepare for your coming. Help us to remember that you are the reason we celebrate Christmas, May we always be aware of your presence in our lives - the presence of your spirit within us, prompting us, sustaining us, working through us, waiting for us.

All: Amen.

Hymn: Here I am Lord.

Reader 2: Scripture

"A voice cries out in the wilderness:
Prepare the way for the Lord,
Make straight in the desert a highway for our God.
Every valley shall be lifted up,
And every mountain and hill made low;
The uneven ground shall become level,

And the rough places a plain.
Then the glory of the Lord shall be revealed,
And all people shall see it together;
For the mouth of the Lord has spoken."

[Is. 40:3-51

